

**Breakfast menu**

***Please ask if you would like to see this menu in large print***

**Please check the board for any specials that may be available**

***Cereals***

***or***

***Fresh Grapefruit***

***ooOoo***

***Fruit Juice***

***ooOoo***

**Full English Breakfast**

***Butchers Pork Sausage, 2 Grilled Back Bacon, Hash Brown  
Fried Egg, Baked Beans, Mushrooms & Grilled Tomato***

***Please ask if you would prefer poached or scrambled egg instead of a fried egg***

***Or***

***Smoked Haddock with Poached Eggs***

***ooOoo***

**Full Vegetarian Breakfast**

***Quorn Sausage & Bacon, Hash Brown, Fried Egg, Baked Beans,  
Mushrooms & Grilled Tomato***

***Or***

***Omelette, Hash Brown, Baked Beans, Mushrooms & Grilled Tomato***

***ooOoo***

***White or Granary Toast & Preserves***

***Please ask if you would like low fat spread as an alternative to the butter portions***

**Lighter Options**

*Bacon Sandwich, Sausage Sandwich  
Bacon & Egg Muffin, Sausage & Egg Muffin  
Plain or Cheese Omelette  
Scrambled or poached Egg on Toast  
Beans on Toast*

**Drinks**

*Tea - Regular or Decaffeinated, Earl Grey,  
Fruit or Herbal*

*Filter Coffee - Regular or Decaffeinated*

*Enjoy your breakfast & have a nice day*

*Breakfast is prepared using locally sourced ingredients.*

*Norfolk Preserves – Great Yarmouth, Norfolk  
Jims Butchers – Great Yarmouth, Norfolk  
Northgate Fish – Great Yarmouth, Norfolk  
Milk & Cookies Bakery – Hemsby, Norfolk  
I Reeve Poultry – Harleston, Norfolk  
Hillfarm Oils – Heveningham, Suffolk*